

# Measles

Symptoms of measles may be:



fever



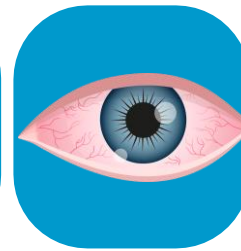
cough



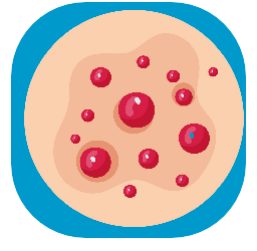
runny nose



tiredness



irritated eyes



red blotchy rash



then 1-2 days later

## Measles is spread by:

- Coughing and sneezing
- Contact with discharge from mouth or nose
- Measles spreads very easily
- Children under 5 years of age can become very sick



It can take up to 18 days to feel sick after being in contact with measles

A person with measles can spread it from about 5 days before a rash appears

## Stop the spread of measles by:

### Vaccination

- Measles, mumps and rubella vaccine is free to all children aged 12 months & 18 months
- Two doses are needed to provide a high level of protection
- If you haven't had a measles, mumps and rubella vaccine and were born during or since 1966 you can have two free vaccines given 4 weeks apart



### Cover coughs and sneezes

with a tissue, throw the tissue in the bin then wash your hands.



### Wash your hands

with soap and water regularly, especially after coughing and sneezing.

- **Stay at home if you are sick.** Stay away from work, school or childcare while unwell
- **If you think you could have measles,** phone your doctor for an appointment as soon as possible. Before entering the clinic, phone ahead and tell reception you may have measles
- **Early testing and treatment** is important to prevent spreading measles to others



For more information see the Queensland Health fact sheet at:

<http://conditions.health.qld.gov.au/HealthCondition/condition/14/217/91/Measles>

Please contact the Gold Coast Public Health Unit for further information

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